

**MENU - AMARGOSA SENIOR CENTER**  
 443 Desert Senior Lane - Amargosa Valley, NV 89020  
**APRIL 2019**

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

ADSD APPROVED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>#34</b> <span style="float: right;"><b>Apr 01</b></span>  <b>ALL FOOLS DAY</b>                      Sloppy Joes on W/W Bun                      Baked Beans                      Baby Carrots                      Fruit Cocktail</p>	<p><span style="float: right;"><b>Apr 02</b></span>                      Oven Roasted Chicken Breast                      Baked Potato                      Peas                      Mixed green salad                      Cracked wheat bread</p>	<p><b>#65</b> <span style="float: right;"><b>Apr 03</b></span>                      Beef Vegetable Soup                      Egg Salad on Toasted                      WW Bagel Thin                      Tomatoes Vinegrette                      Tropical Fruit Cup</p>	<p><b>#58</b> <span style="float: right;"><b>Apr 04</b></span>                      Roast Turkey w/Pan Gravy                      Yams &amp; Apples                      Corn                      Tossed Salad                      FF Creamy Ital Dressing                      Oat Bran Muffin</p>	<p style="text-align: center;"><b>**Breakfast**</b></p> French toast sticks w/ Strawberries/Bananas Scrambled eggs Potatoes w/sausage&veggies
<p><span style="float: right;"><b>Apr 08</b></span>                      Breaded Pork Tenderloin                      Baked Potato                      Steamed Spinach                      Orange Slices                      W/W dinner roll</p>	<p><b>#37</b> <span style="float: right;"><b>Apr 09</b></span>                      Chili Cheese Baked Potato                      Steamed Carrots                      WW Banana Muffin                      FF Blueberry Yogurt                      Orange Banana Juice</p>	<p><span style="float: right;"><b>Apr 10</b></span>                      Rueban Sandwich on Rye                      Roasted potatoes                      Green Peas                      Mixed green salad                      Sugar cookie</p>	<p><b>#78</b> <span style="float: right;"><b>Apr 11</b></span>                      Herbed Baked Chicken                      Aztec Grain Salad                      Steamed Spinach                      Cooked Carrots                      Mixed Berry Cup</p>	<p style="text-align: center;"><b>COMMODITIES</b> <span style="float: right;"><b>Apr 12</b></span>  <b>**Breakfast**</b>                      Biscuits &amp; L/S Sausage Gravy                      Scrambled Eggs                      Hash browns                      Fruit cup                      OJ</p>
<p><b>#13</b> <span style="float: right;"><b>Apr 15</b></span>                      Turkey Chili                      Corn Bread                      Mixed Green Salad                      Ls/Lf Italian Dressing                      Ambrosia</p>	<p><span style="float: right;"><b>Apr 16</b></span>                      Breaded Cod Fillet                      Oven baked potato                      Broccoli                      Mixed greens w/peas, eggs, nuts                      w/w bun</p>	<p><b>#3</b> <span style="float: right;"><b>Apr 17</b></span>                      Baked Meatloaf                      Mashed Potatoes w/gravy                      Steamed spinach                      Chantilly Fruit Cup                      WW bread                      Cookie</p>	<p><span style="float: right;"><b>Apr 18</b></span>                      Ham &amp; Scalloped Potatoes                      Peas &amp; Carrots                      Ambrosia Salad                      L/F Peach Yogurt                      Hot Cross Buns</p>	<p style="text-align: center;"><b>GOOD FRIDAY</b> <span style="float: right;"><b>Apr 19</b></span>  <b>**Breakfast**</b>                      L/S Sausage &amp; Eggs                      Hash Brown Potatoes                      Mixed Berries                      W/W Toast                      Apple Juice</p>
<p><b>#108</b> <span style="float: right;"><b>Apr 22</b></span>                      Beef Stroganoff w/noodles                      Baked Acorn Squash                      Orange Spinach Salad                      Plums/Fruit in Season</p>	<p><span style="float: right;"><b>Apr 23</b></span>                      Hot Turkey Sandwich w/Gravy                      on w/w bread                      Mashed Potatoes                      Cauliflower w/cheese                      Pears &amp; Cottage Cheese</p>	<p><b>#170</b> <span style="float: right;"><b>Apr 24</b></span>                      Chicken Noodle Casserole                      Zucchini &amp; Tomatoes                      Cornbread                      Fresh Orange Sections                      W/W bread</p>	<p><span style="float: right;"><b>Apr 25</b></span>                      Meat Lasagna                      Garlic Toast                      Garden Salad w/cranberries                      grapes/walnuts                      Creamy Italian Dressing</p>	<p style="text-align: center;"><b>**Breakfast**</b></p> Waffles w/Peaches/Strawberries Scrambled Eggs Hash Brown Potatoes w/veg Fruit cup <span style="float: right;">OJ</span>
<p><b>#51</b> <span style="float: right;"><b>Apr 29</b></span>                      Sweet &amp; Sour Pork/Brwn Rice Pilaf                      Broccoli                      Colorful Salad                      FF French Dressing                      100% W/W Bread                      Fresh Peach/Fruit In Season</p>	<p><b>#96</b> <span style="float: right;"><b>Apr 30</b></span>                      Beef Tacos w/Thk/Chky Salsa                      Guacamole                      Broccoli &amp; Cauliflower                      Mexican Corn Saute                      Fresh Fruit</p>	<p><b>MENU SUBJECT TO CHANGE</b></p> <p><b>1% Milk, Tea &amp; Lemonade</b>                      Served Daily</p> <p><b>Salad \$1.00 When Not on Menu</b></p>		<p style="text-align: center;"><b>A \$3.00 Donation for Seniors</b>                      Over 60 Years of Age is suggested</p> <p style="text-align: center;"><b>A \$6.00 Fee is Required for</b>                      Non-Seniors</p>
				<p style="text-align: center;"><b>Call for more information</b>                      775-372-5413</p> 