

MENU - AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020

775-372-5413

ADSD APPROVED

MAY 2017

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
#121	May 01		May 02	#28	May 03		May 04		May 05
French Bread Pizza Broccoli Salad Rainbow Sherbet Oatmeal Date Bar Chicken Noodle Soup		Roast Beef Mashed Potatoes & Gravy Mixed Veggies Three Bean Salad Peaches Gingerbread		Tahitian Chicken Rice Casserole Braised Red Cabbage 7 Grain Bread Tangerine		Green Chili Enchiladas Refried Beans Mexi-Corn Mandarin Oranges Chips & Salsa Brownie		**Breakfast** Mexican Egg Casserole with Tomatoes and Green Chilies Home Fries WW Toast Pineapple Chunks, OJ CINCO DE MAYO	
	May 08	#34	May 09		May 10	#106	May 11		May 12
Chicken Tenders Oven Fries Steamed Spinach Peaches Chocolate Pudding		Sloppy Joe on WW Bun Baked Beans Baby Carrots Fruit Cocktail Green Salad		Baked Pork Chops Twice Baked Potato Steamed Broccoli Applesauce Lentil Soup Cookie		Beef Stroganoff w/Noodles Baked Acorn Squash Orange Spinach Salad WW Bread Fresh Apple		**Breakfast** Scrambled Eggs w/Onion & Peppe Biscuits and Gravy LS Sausage Oatmeal w/Raisins Fresh Fruit in Season Orange Juice	
#14	May 15	#32	May 16		May 17		May 18		May 19
Beef Patty w/WW Bun Baked Beans Sliced Tomato, Onion & Lettuce Cantaloupe Chunks		Chicken Pasta Primavera Colorful Salad Garlic Bread Orange Pineapple Jell-O Mold		Spaghetti with Meatballs Steamed Broccoli Bread Stick Green Salad Pears Birthday Cake		Potato Crunch Fish Rice Pilaf Peas and Carrots x2 Peaches Cookie		**Breakfast** Breakfast Burritos Yogurt Fresh Berries Oatmeal Honey Bran Muffin Orange Juice	
	May 22	#38	May 23		May 24	#115	May 25		May 26
Spinach Lasagna Garlic Bread Mixed Fruit Colorful Salad		Chicken Broccoli Rice Beet Salad Apricot Bran Muffin Honeydew/Cantaloupe Melon Split Pea Soup		Meatloaf Mashed Potatoes and Gravy Steamed Zucchini Black Bean Salad WW Roll Peaches		Pork Chow Mein Steamed Rice Chopped Spinach Balsamic Vinaigrette WW Bread Apple Butter Sliced Pineapple		**Breakfast** Scrambled Eggs w/ Spinach Biscuits and Gravy LS Bacon Oatmeal Yogurt w/Fresh Fruit Orange Juice	
	May 29	#154	May 30		May 31	MENU SUBJECT TO CHANGE		A \$3.00 Donation for Seniors	
MEMORIAL DAY **CLOSED** 		Hot Turkey Sandwich Peas and Carrots Tomatoes Vinaigrette Oatmeal Raisin Cookies Fresh Orange Sections		Swedish Meatballs Egg Noodles Steamed Broccoli Peaches		1% Milk, Tea & Lemonade Served Daily		Over 60 Years of Age is Suggested	
						Salad \$1.00 When Not on Menu		A \$6.00 Fee is Required for Non-Seniors	
								Call for More Information	