

MENU - AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020


775-372-5413

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

APPROVED BY ADSD

SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</p> <p>A \$6.00 Fee is Required for Non-Seniors</p> <p><i>Call for More Information</i></p>		<p>MENU SUBJECT TO CHANGE</p> <p>1% Milk, Tea & Lemonade Served Daily</p> <p>Salad \$1.00 When Not on Menu</p>	<p>Remember to SMILE!</p> <p>Don't use Amazon.com to order your goodies .</p> <p>USE smile.amazon.com and be sure to support NYE</p>	<p>Sep 01</p> <p>**BREAKFAST**</p> <p>Biscuits& Gravy Scrambled Eggs LS Sausage Oatmeal Strawberries&Banana w/yogurt Orange Juice</p>
<p>Sep 04</p> <p>LABOR DAY **CLOSED**</p>	<p>Sep 05</p> <p>Southwest BBQ Chicken Sandwich on WW Bun Three Bean Salad Corn on the Cob Ambrosia</p>	<p>Sep 06</p> <p>#20 Baked Pork chop Pureed Butternut Squash Layered Salad 100% WW Bread Fruit Butter Banana</p>	<p>Sep 07</p> <p>#200 Beef tacos w/ Thick and Chunky Salsa Guacamole Refried Black Beans Mexican Corn Sauté Fruit Cocktail 1% Milk</p>	<p>Sep 08</p> <p>**BREAKFAST**</p> <p>WW Waffles w/Strawberries Scrambled Eggs Fruit in Season Orange Juice</p>
<p>Sep 11</p> <p>#143 Chicken Tenders Green Beans Broccoli Salad Sugar Free Gelatin Milk 1%</p>	<p>Sep 12</p> <p>Hot Turkey Sandwich Peas & Carrots Tomatoes Vinaigrette Rice Krispy Treat Fresh Orange Sections</p>	<p>Sep 13</p> <p>#39 Roast Pork Tenderloin Potato Salad Honey Dijon Vegetables 3 bean Salad Tangy Yogurt Salad Dressing Squash, Zucchini Slices Fruit Cocktail</p>	<p>Sep 14</p> <p>#39 Spaghetti & Meat sauce Baked Acorn Squash Colorful Salad FF Creamy Italian Dressing 7 Grain Bread LSLF Margarine Strawberry/Banana Yogurt Pop</p>	<p>Sep 15</p> <p>**BREAKFAST**</p> <p>Biscuits& Gravy Scrambled Eggs w/Sautéed Veggies Oatmeal Fresh Fruit in Season (2) Orange Juice</p>
<p>Sep 18</p> <p>#180 Beef Pot Roast Potato and Herbs Carrots Garden Salad Banana</p>	<p>Sep 19</p> <p>#109 Chicken Parmesan Spinach Noodle California Blend Veggies Orange Spinach Salad Toasted WW Breadstick Fruit Cocktail LS Apple Juice</p>	<p>Sep 20</p> <p>#9 Beef Vegetable Soup Sweet Italian Sausage w/ Red Peppers & Onions Polenta Steamed Broccoli Mixed Green Salad Banana</p>	<p>Sep 21</p> <p>Green Chili Enchiladas Refried Beans Mexi-Corn Mandarin Oranges</p>	<p>Sep 22</p> <p>**BREAKFAST**</p> <p>WW Pancakes Scrambled Eggs w/Veggies Peaches Oatmeal Orange Juice</p>
<p>Sep 25</p> <p>#176 Lemon Baked Fish WW Roll Green Peas Long Grain Brown Rice Tossed Salad Creamy Italian Dressing Grapes</p>	<p>Sep 26</p> <p>Baked Meat Loaf w/Mashed Potatoes & Gravy Broccoli WW Roll Fresh Melon in Season</p>	<p>Sep 27</p> <p>#37 Chili Cheese Baked Potato Steamed Carrots WW Banana Muffin w/Butter FF Blueberry Yogurt Orange Juice</p>	<p>Sep 28</p> <p>Spinach Lasagna Garlic Bread Mixed Fruit Colorful Salad</p>	<p>Sep 29</p> <p>**BREAKFAST**</p> <p>Scrambled Eggs Hash Browns LS Sausage Oatmeal Fresh Fruit in Season (2) Orange Juice</p>