



# MENU - FEBRUARY 2019

## AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020

**Congregate DINNER Served Mon-Thu 4:30 PM to 5:30 PM**

**Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM**

MONDAY		TUESDAY		ADSD APPROVED WEDNESDAY		THURSDAY		FRIDAY	
<p style="color: red;"><b>MENU SUBJECT TO CHANGE</b></p> <p style="color: red;">1% Milk, Tea, &amp; Lemonade Served Daily</p> <p style="color: red;">Salad \$1.00 when not on menu</p>		<p style="color: red;">over 60 Years of Age is Suggested</p> <p style="color: red;">A \$6.00 Fee is Required for non-seniors</p> <p style="color: red;">Call for more information 775-372-5413</p>		<p style="text-align: center;">Let us do the cooking</p> <div style="text-align: center;"></div>				<p style="text-align: right;">Feb 01</p> <p style="text-align: center;"><b>*BREAKFAST*</b></p> <p>W/W Waffles w/Strawberries Scrambled Eggs L/S Sausage Links Fruit in Season Orange Juice</p>	
<p style="text-align: center;"><b>#165 Feb 4</b></p> <p>Herbed Baked Chicken Baked Potato Carrots Coleslaw W/W dinner roll</p>		<p style="text-align: center;"><b>#149 Feb 5</b></p> <p>Roast Pork Tenderloin Potato Salad Baked Beans w/Bacon Spring Salad w/Honey Dijon Dr Tropical Fruit cup</p>		<p style="text-align: center;"><b>Feb 06</b></p> <p>Baked Meatloaf Mashed Potatoes Steamed Spinach 100% WW Bread Chantilly Fruit Cup</p>		<p style="text-align: center;"><b>#131 Feb 7</b></p> <p>Taco Casserole Spanish Rice Steamed Zucchini Spring Salad w/Honey Mus Drsg Fresh fruit in season</p>		<p style="text-align: right;">Feb 01</p> <p style="text-align: center;"><b>COMMODITIES 2/8/2019</b></p> <p style="text-align: center;"><b>*BREAKFAST*</b></p> <p>Biscuits and Gravy Scrambled Eggs w/ LS Sausage Oatmeal Yogurt w/Strawberries&amp;Bananas Orange Juice</p>	
<p style="text-align: center;"><b>#72 Feb 11</b></p> <p>BBQ Chicken Breast Baked Acorn Squash Cucumbers in sour cream Biscuit w/honey Chantilly Fruit Cup</p>		<p style="text-align: center;"><b>#14 Feb 12</b></p> <p>Beef Patties on Bun w/cheese Baked Beans Mixed Vegetables Pears/Cottage Cheese</p>		<p style="text-align: center;"><b>Feb 13</b></p> <p>Tomato Soup w/ Crackers Grilled Cheese Mixed vegetable medley Mixed Berry Cup</p>		<p style="text-align: center;"><b>VETERAN'S DAY Feb 14</b></p> <p style="text-align: center;">and </p> <p>BBQ Spare Ribs Baked Potatoes Steamed Broccoli Spring Salad W/W Dinner Rolls Red Cake</p>		<p style="text-align: right;">Feb 15</p> <p style="text-align: center;"><b>*BREAKFAST*</b></p> <p>Mexican Casserole Hash Brown Potatoes L/S Bacon slices wheat toast Fruit in Season</p>	
<p style="text-align: center;"><b>Feb 18</b></p> <p style="color: red; text-align: center;"><b>CLOSED</b></p> <p style="color: red; text-align: center;"><b>NATIONAL HOLIDAY</b></p> <p style="color: red; text-align: center;"><b>WASHINGTON'S BD</b></p> <p style="color: red; text-align: center;"><b>PRESIDENT'S DAY</b></p> <p style="color: red; text-align: center;"><b>FAMILY DAY</b></p>		<p style="text-align: center;"><b>#9 Feb 19</b></p> <p>Beef Stroganoff w/noodles Baked Acorn Squash Orange Spinach Salad W/W Dinner rolls</p>		<p style="text-align: center;"><b>Feb 20</b></p> <p>Tuna Noodle Casserole Colorful Salad Mango cubes W/W bread</p>		<p style="text-align: center;"><b>#138 Feb 21</b></p> <p>Spinach Lasagna Steamed Cauliflower Garlic Bread Garden Salad w/L Itl Drsg. Yogert w/fresh fruit</p>		<p style="text-align: right;">Feb 22</p> <p style="text-align: center;"><b>*BREAKFAST*</b></p> <p>Biscuits and Sausage Gravy Scrambled Eggs LS Sausage Oatmeal Orange Juice Yogurt w/Strawberries&amp;Bananas</p>	
<p style="text-align: center;"><b>Feb 25</b></p> <p>Turkey Chili Cornbread Green beans Mixed Gr Salad w/chickpeas Ambrosia</p>		<p style="text-align: center;"><b>#62 Feb 26</b></p> <p>Macaroni &amp; Cheese Steamed Spinach French Baked Potatoes Strawberry Yogurt OJ</p>		<p style="text-align: center;"><b>#44 Feb 27</b></p> <p>Swiss Steak Baked Potatoe Mixed vegetable medley w/w roll Applesauce</p>		<p style="text-align: center;"><b>#181 Feb 28</b></p> <p>Baked Cod Cream of Potato Soup Mixed Vegetables Cream corn muffin Fruit Cocktail</p>		<p style="text-align: center;">Bring a friend to breakfast or dinner.</p>	