

MENU - AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020



775-372-5413

ADSD APPROVED

JANUARY 2018

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Jan 01</p> <p>NEW YEAR'S DAY OBSERVED **CLOSED**</p> 	<p>Jan 02</p> <p>#100</p> <p>Meatball Sub on WW Hoagie Split Pea Soup Cucumbers in Sour Cream Fresh Orange</p>	<p>Jan 03</p> <p>#83</p> <p>Chicken Pot Pie w/ Peas & Carrots Mixed Green Salad 7 Grain Bread Grapes</p>	<p>Jan 04</p> <p>#105</p> <p>Ribs Mashed Potato Baked Beans Broccoli Applesauce</p>	<p>Jan 05</p> <p>**Breakfast**</p> <p>Biscuits & Gravy Scrambled Eggs LS Bacon Yogurt w/ Fresh Fruit Mixed Fruit Orange Juice</p>
<p>Jan 08</p> <p>#176</p> <p>Lemon Baked Fish WW Roll Green Peas Whole Grain Brown Rice Tossed Salad Grapes</p>	<p>Jan 09</p> <p>#164</p> <p>Herb Crusted Pork Chops Baked Potato Black Bean Salad Pears WW Dinner Roll</p>	<p>Jan 10</p> <p>#1</p> <p>BBQ Chicken Sour Cream Cream Potato Salad Steamed Spinach Creamed Corn 7 Grain Bread Apricots</p>	<p>Jan 11</p> <p>#3</p> <p>Meatloaf Mashed Potato & Gravy Steamed Spinach Lettuce & Tomato Salad Pineapple</p>	<p>Jan 12</p> <p>**Breakfast**</p> <p>WW Pancakes w/ Strawberries Scrambled Eggs Orange Juice Banana</p>
<p>Jan 15</p> <p>MARTIN LUTHER KING, JR. DAY **CLOSED**</p>	<p>Jan 16</p> <p>#104</p> <p>Roast Beef Red Potatoes Peas & Carrots Garden Salad Fruited Gelatin Dessert WW Roll</p>	<p>Jan 17</p> <p>#169</p> <p>Chicken Parmesan Spinach Spaghetti Garbanzo Bean Salad Pineapple Chunks</p> <p>*Birthday Cake* </p>	<p>Jan 18</p> <p>#113</p> <p>BBQ Beef Sandwich on WW Bun Corn Spinach Coleslaw Tapioca Pudding</p>	<p>Jan 19</p> <p>**Breakfast**</p> <p>Biscuits & Gravy Scrambled Eggs w/ Veggies LS Sausage Yogurt w/ Fruit Orange Juice</p>
<p>Jan 22</p> <p>#140</p> <p>Cheeseburger Skillet Tossed Salad WW Dinner Roll Fruit Cocktail Pink Lemonade</p>	<p>Jan 23</p> <p>#116</p> <p>Baked Chicken Tenders French Baked Potatoes Beets in Orange Sauce Carrots & Peas WW Bread Ambrosia</p>	<p>Jan 24</p> <p>#188</p> <p>Roast Pork Tenderloin Potato Salad Steamed Veggies Spring Salad Baked Beans Fruit Cocktail</p>	<p>Jan 25</p> <p>#107</p> <p>Oven Baked Chicken Baked Potato Steamed Peas & Carrots Garden Salad Fruited Gelatin Desert Cracked Wheat Bread</p>	<p>Jan 26</p> <p>**Breakfast**</p> <p>WW French Toast w/ Fresh Fruit Scrambled Eggs w/ Veggies LS Bacon Yogurt Orange Juice</p>
<p>Jan 29</p> <p>#200</p> <p>Beef Tacos w/ Salsa Guacamole Refried Beans Mexican Corn Sauté Fruit Cocktail</p>	<p>Jan 30</p> <p>#154</p> <p>Hot Turkey Sandwich on WW Bun Peas & Carrots Potato Wedges Rice Crispy Treats Pineapple</p>	<p>Jan 31</p> <p>#46</p> <p>Lasagna Chopped Spinach WW Garlic Toast Mandarin Orange</p>	<p>MENU SUBJECT TO CHANGE</p> <p>1% Milk, Tea & Lemonade Served Daily</p> <p>Salad \$1.00 When Not on Menu</p>	<p>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</p> <p>A \$6.00 Fee is Required for Non-Seniors</p> <p><i>Call for More Information</i></p>