

MENU - JUNE 2018

AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020

ADSD Approved

Congregate DINNER Served: MON-THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

Call for more information 775-372-5413

		<p>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</p> <p>A \$6.00 Fee is <u>Required</u> for Non-Seniors A \$6.00 Fee is</p>	<p>MENU SUBJECT TO CHANGE</p> <p>2% Milk, Tea & Lemonade Served Daily</p> <p>Salad \$1.00 When Not on Menu</p>		<p>Jun 01</p> <p>**Breakfast**</p> <p>Scrambled Eggs LS Sausage Hash browns Peaches Oatmeal Orange Juice</p>
<p>Jun 04</p> <p>Beef Shepherd's Pie WW Roll Pears Garden Salad W LF Ranch Dressing</p>	<p>#26 Jun 05</p> <p>Lemon Baked Fish Parsley Butter New Potatoes Seasoned Zucchini Garden Salad/FF French Dress. WW Roll Cantalope Chunks</p>	<p>Jun 06</p> <p>#130</p> <p>Deviled Pork Chop Baked Potato w FF Sour Cream Steamed Brussels Sprouts Colorful Salad LF/LS French Dressing Angle Food Cake</p>	<p>Jun 07</p> <p>Baked Chicken Potato Salad Seasoned Lima Beans & Peas Peaches</p>	<p>Jun 08</p> <p>**Breakfast**</p> <p>Biscuits & Gravy Scrambled Eggs w/pepper& Sausage (LS) Oatmeal w/Raisins Fresh Fruit in Season Orange Juice</p>	
<p>Jun 11</p> <p>#3</p> <p>Baked Meatloaf Mashed Potatoes Steamed Spinach Lettuce & Tomato Salad 100 % WW Bread Chantilly Fruit Cup</p>	<p>Jun 12</p> <p>Mushroom Pork Chops Steamed Rice Green Beans Applesauce Jell-O w/Fruit</p>	<p>Jun 13</p> <p>Herb Baked Chicken Ranch Beans Peas and Onion Mandarin Oranges</p> <p>Birthday Cake</p>	<p>Jun 14</p> <p>#164</p> <p>Beef Enchiladas Colorful Salad Garlic French Dressing Zucchini & Tomato Salad Fruit Cocktail</p>	<p>Jun 15</p> <p>**Breakfast**</p> <p>Steak and Eggs Hash brown Potatoes Peaches Oatmeal, Orange Juice</p> <p>Happy Anniversary Amargosa Senior Center</p>	
<p>Jun 18</p> <p>#157</p> <p>Beef Pot Roast Potatos and Herbs Carrots Garden Salad GFY Creamy Salad Dressing Cantalope</p>	<p>Jun 19</p> <p>#105</p> <p>BBQ Pork Ribs Scalloped Potatoes Steamed Spinach WW Bread Spiced Applesauce</p>	<p>Jun 20</p> <p>#13</p> <p>Turkey Chili Cornbread Mixed Green Salad LSLF Italian Dressing Ambrosia</p>	<p>Jun 21</p> <p>Seasoned Chicken Nuggets Green Beans with Mushrooms Mashed Sweet Potatoes Tossed Salad Gingerbread</p>	<p>Jun 22</p> <p>**Breakfast**</p> <p>Biscuits & Gravy Scrambled Eggs w/Sauteed LS Bacon Oatmeal Yogurt w/Fresh Fruit Orange Juice</p>	
<p>Jun 25</p> <p>#39</p> <p>Spaghetti w/meat Sauce Zucchini WW Garlic Bread Colorful Salad FF Creamy Italian Dressing Mango Cup (Smart Balance)</p>	<p>Jun 26</p> <p>Sweet & Sour Pork Brown Rice Steamed Broccoli Garden Salad w LF Ranch Dress. Mandarin Oranges</p>	<p>Jun 27</p> <p>Meatball Sub Cucumber in Sour Cream Fresh Orange Split Pea Soup</p>	<p>Jun 28</p> <p>#109</p> <p>Oven Fried Chicken Baked Butternut Squash Steamed Peas & Carrots Garden Salad-LF Honey Dressing Jell-O w/Fruit WW Bread</p>	<p>Jun 29</p> <p>**Breakfast**</p> <p>Mexican Egg Casserole LS Sausage Home Fries Pineapple Chunks Oatmeal Orange Juice</p>	