


**MENU - AMARGOSA SENIOR CENTER**  
 443 Desert Senior Lane - Amargosa Valley, NV 89020

**MAY 2019**

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

Call for more information 775-372-5413

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MENU SUBJECT TO CHANGE</b> <i>ADSD APPROVED</i></p> <p>1% Milk, Tea &amp; Lemonade Served Daily Salad \$1.00 When Not on Menu</p>	<p>A \$6.00 Fee is Required for Non-Seniors</p> <p>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</p>	<p>#72 May 01</p> <p>BBQ CHICKEN BREAST BAKED ACORN SQUASH CUCUMBERS IN SOUR CREAM BISCUITS W/HONEY CHANTILLY FRUIT CUP</p>	<p>#14 May 02</p> <p>BEEF PATTY ON W/W BUN BAKED BEANS FF MAYO/LS KETCHUP/RD ONION SLICED TOMATO/LETTUCE LEAF CANTALOUPE CHUNKS MIXED STEAMED VEG</p>	<p>May 03</p> <p><b>**Breakfast**</b></p> <p>SCRAMBLED EGGS L/S CRISP BACON SEASONED POTATOES BLUEBERRY MUFFIN OATMEAL GRAPEFRUIT WEDGES</p>
<p>#167 May 06</p> <p>HOT TURKEY SANDWICH W/W BREAD MSHD POTATOES PEAS &amp; CARROTS TOMATOES VINIGARETTE FRESH ORANGE SECTIONS OATMEAL RAISIN COOKIE</p>	<p>May 07</p> <p>POTATO CRUNCH FISH MACARONI &amp; CHEESE GREEN PEAS W/W BREAD MIXED FRUIT CUP</p>	<p>May 08</p> <p>SPEGHETTI W/MEAT SAUCE GARLIC BREAD GREEN SALAD W/CREAMY ITALIAN DRESSING CHEESEBURGER SOUP W/VEG. W/W CRACKERS</p>	<p>#1 May 09</p> <p>BBQ CHICKEN BAKED POTATO GREEN BEANS PEARS &amp; COTTAGE CHEESE W/W ROLL</p>	<p>COMMODITIES MAY 10</p> <p><b>**Breakfast**</b></p> <p>BISCUITS &amp; GRAVY L/S SAUSAGE LINKS SCRAMBLED EGGS W/GRN PEPPERS &amp; ONIONS HASH BROWNS/GRAPES <i>MOTHER'S DAY IS SUNDAY</i></p>
<p>May 13</p> <p>CHEF'S SALAD W/HAM, TURKEY, VEGGIES, SHREDDED CHEESE W/W WAFER CRACKERS L/S RANCH DRESSING FRESH FRUIT</p>	<p>#6 May 14</p> <p>BAKED FISH FILLET CREAMY COLESLAW FRENCH BAKED POTATO GARDEN SALAD BALSAMIC VINEGARETTE DRSG STRAWBERRIES</p>	<p>May 15</p> <p>LIVER &amp; ONIONS MASHED POTATOES W/GRAVY STEAMED CARROTS W/W ROLL ORANGE SLICES</p>	<p>#11 May 16</p> <p>SWEET &amp; SOUR CHICKEN BROWN RICE PEAS &amp; CARROTTS FRESH CHOPPED SPINACH FF CATALINA DRESSING</p>	<p>May 17</p> <p><b>**Breakfast**</b></p> <p>WAFFLES W/ PEACHES &amp; CREAM L/S SAUSAGE LINKS SCRAMBLED EGGS OATMEAL W/RAISINS OJ</p>
<p>#170 May 20</p> <p>CHICKEN NOODLE CASSEROLE ZUCCHNII &amp; TOMATOES CORNBREAD FRESH FRUIT</p>	<p>May 21</p> <p>SWEDISH MEATBALLS EGG NOODLES STEAMED BROCCOLI CRACKED WHEAT BREAD BANANAS &amp; PEARS</p>	<p>#161 May 22</p> <p>LEMON CRUNCH FISH LONG GRAIN BROWN RICE PEAS TOSSED SALAD W/CREAMY ITALIAN DRESSING GRAPES</p>	<p>#14 May 23</p> <p>BEEF PATTY ON BUN BAKED BEANS SLICED TOMATOES/RED ONIONS FF MAYO LETTUCE KETCHUP CANTALOUPE CHUNKS MIXED STEAMED VEGGIES</p>	<p>May 24</p> <p><b>**Breakfast**</b></p> <p>MEXICAN CASSEROLE HOME FRIES W/VEGGIES L/S BACON WHEAT TORTILLAS FRESH FRUIT</p>
<p>#9 May 27</p> <p><b>CLOSED</b></p> 	<p>#3 May 28</p> <p>BAKED MEATLOAF MASHED POTATOES W/GRAVY STEAMED SPINACH CHANTILLY FRUIT CUP W/W BREAD COOKIE</p>	<p>May 29</p> <p>TUNA SALAD ON W/W/ TOAST OVEN FRIED POTATOES GREEN PEAS MIXED SALAD FRESH FRUIT</p>	<p>#138 May 30</p> <p>SPINACH LASAGNA STEAMED CAULIFLOWER GARDEN SALAD HONEY DRESSING W/W ROLL STRAWBERRY/BANANA YOGURT STRAWBERRIES TEA</p>	<p>May 31</p> <p>W/W PANCAKES W/BANANAS L/S SAUSAGE LINKS HASH BROWNS FRESH FRUIT OJ</p>