





880 E DESERT SENIOR LN
 AMARGOSA VALLEY NEVADA 89020
 For more information visit our website at
<https://www.amargosaseniors.com>



HOME DELIVERY ONLY

DINNER Delivered: MON - THU 4:30 PM - 5:30 PM
 BREAKFAST Delivered: FRI 9:00 AM TO 10:00 AM
 TO REQUEST MEAL DELIVERY - CALL 775-372-5413

MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Feb 01		Feb 02		Feb 03		Feb 04		Feb 05	
PORK LOIN ROAST		BAKED FISH		CHICKEN IN ORANGE SAUCE		SWEDISH MEATBALL W/		**Breakfast**	
POTATOES AUGRATIN		MACARRONI & CHEESE		ROASTED RED POTATOES		MUSHROOM SAUCE		EGG CASSEROLE W/MIXED VEG	
STEAMED PEAS		STEAMED VEGETBLES		MIXED VEGETABLES		EGG NODDLES		& CHESSEE	
GARDEN SALAD		COLESLAW		GARDEN SALAD /LS FRCN DRSG		STEAMED CARROTS		CRISP BACON STRIPS	
APPLESAUSE		YOGURT		YOGURT		FRESH FRUIT		HASH BROWNS	
ADSD APPROVED				ADSD APPROVED				OJ	
Feb 08		Feb 09		Feb 10		Feb 11		Feb 12	
CHICKEN & DUMPLINGS		HAM SLICED W/PINEAPPLE		TUNA NOODLE CASSEROLE		BEEF TAQUITOS W/GUACAMOLE		**Breakfast**	
GREEN PEAS		POTATOES AUGRATIN		HERBED VEGT MEDLEY		& THICK & CHUNKY SALSA		BISCUITS W/LS SAUSAGE GRAVY	
CARROT & RAISEN SALAD		BRUSSEL SPROUTS		SLICED TOMATOES		BROCCOLI/ CAULIFLOWER		HASH BROWNS	
WW LS CRAKERS		APPLESAUCE		LSFF ITALIAN DRESSING		MEXICAN CORN SAUTE		SCRAMBLED EGGS W/VEGGIES	
FRUIT COCKTAILS		DINNER ROLL		 BIRTHDAY CAKE		FRUIT		FRESH STRAWBERRIES	
ADSD APPROVED						ADSD APPROVED		 W/WHIPPED CREAM OJ	
Feb 15		Feb 16		Feb 17		Feb 18		Feb 19	
PRESIDENT'S DAY		BAKED MEATLOAF		RANCH CHICKEN CASSEROLE		SPAGHETTI W/		**Breakfast**	
		MASHED POTATOES		W/GR PERS TOMATOES		MEAT SAUCE		MEXICAN BREAKFAST CASSEROLE	
		STEAMED SPINACH		WHEAT TORTILLAS		GARLIC BREAD		ROASTED HERB POTATOES	
		100% WW BREAD		MIXED GREEN SALAD		GARDEN SALAD W/		LS/LF BACON STRIPS	
SENIOR CENTER CLOSED		FRUIT CUP		FRUIT IN SEASON		ITALIAN DRESSING		OJ	
		ADSD APPROVED				COOKIE			
Feb 22		Feb 23		Feb 24		Feb 25		Feb 26	
CHICKEN FRIED STEAK		FRENCH BREAD PIZZA		SPINACH LASAGNA		CHICKEN BROCCOLI RICE CASSEREOLE		**Breakfast**	
MASHED POTATOES W/GRAVY		W/VEGGIES AND SAUSAGE		OVEN ROASTED CAULIFLOWER		STEAMED GREEN BEANS		WAFFLES W/SYRUP	
STEAMED SPINACH		OVEN BAKE FRIES		GARDEN SALAD /DRSG		WW DINNER ROLL		EGG CASSEROLE W/CHESSE	
FRUIT CUP		GARDEN SALAD W/DRESSING		SPICE CAKE		GARDEN SALAD		CRISP BACON	
ADSD APPROVED				ADSD APPROVED		PEANUT BUTTER COOKIE		OJ	
A \$6.00 Fee is required for Non-Seniors . A \$4.00 fee is required for children under 12		DON'T FORGET TO SUPPORT THE AMARGOSA SENIOR CENTER BY JOINING AMAZON SMILES AND SELECT AND AMARGOSA SENIORS, ALWAYS USE AMAZON SMILES WHILE SHOPPING AT AMAZON.		<div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">HAPPY VALENTINE'S DAY!</p>				A \$4.00 Donation for Seniors Over 60 Years of Age is Suggested Salad is included. Tea & lemonade not available at	

