880 E DESERT SENIOR LN

AMARGOSA VALLEY NEVADA 89020

For more information visit our website at https://www.amargosaseniors.com



## **MENU OCTOBER 2020**

## **HOME DELIVERY ONLY**

DINNER Delivered: MON - THU 4:30 PM - 5:30 PM BREAKFAST Delivered: FRI 9:00 AM TO 10:00 AM TO REQUEST MEAL DELIVERY - CALL 775-372-5413

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Oct 01	Oct 02
A \$4.00 Donation for Seniors	A \$6.00 Fee is required for		PORK LOIN ROAST	**Breakfast**
Over 60 Years of Age is	Non-Seniors		POTATOES AUGRATIN	SCRAMBLED EGGS
Suggested Salad	A \$4.00 fee is required for		STEAMED PEAS	CRISP BACON
is included Tea &	children under 12		GARDEN SALAD	HASH BROWN CASSEROLE
lemonade not available at this			APPLESAUCE	FRUIT
time.	MENU SUBJECT TO CHANGE		ADSD APPROVED	ORANGE JIUCE
Oct 05	Oct 06	Oct 07	Oct 08	Oct 09
BBQ ON A BUN	LEMON CRUSTED CHICKEN BREAST	FRENCH BREAD PIZZA	SALMON PATTY	**Breakfast**
RANCH BEANS	GARLIC MASHED POTATOES	W/VEGGIES AND SAUSAGE	MACARONI AND CHEESE	BISCUITS & GRAVY
DICED TOMATOE SALAD	STEAMED MIXED VEGETABLES	OVEN BAKE FRIES	STEAMED PEAS & CARROTS	SCRAMBLED EGGS
W/SWEET ONIONS & ITALIAN	GARDEN SALAD W/ DRESSING	GARDEN SALAD W/DRESSING	CUCUMBER SALAD	SAUSAGE LINKS
DRESSING	FRUIT	FRUIT	YOGURT	FRUIT
PEACH DUMP CAKE	ADSD APPROVED	ADSD APPROVED		ORANGE JUICE
COMMODITIES Oct 12		Oct 14	Oct 15	Oct 16
SPAGHETTI W/ MEAT SAUCE	BAKED HAM W/PINEAPPLE	SPINACH LASAGNA	MEATBALL SUB	**Breakfast**
GARLIC BREAD	POTATOES AUGRATIN	OVEN ROASTED CAULIFLOWER	W/ SAUCE AND MOZZARELLA	WAFFLES W/ SYRUP
GARDEN SALAD	CALIFORNIA MEDLEY VEGETABLES	GARDEN SALAD W/	OVEN BAKED FRIES	EGG CASSEROLE W/ CHEESE
W/ITALIAN DRESSING	GARDEN SALAD	▲ . ▲ ITALIAN DRESSING	STEAMED GREEN BEANS	CRISP BACON
APPLE CRISP	FRUIT	SPICE CAKE	FRUIT	FRUIT & OJ
ADSD APPROVED		ADSD APPROVED		
Oct 19	Oct 20	Oct 21	Oct 22	Oct 23
HAMBURGER ON BUN	BBQ CHICKEN	BEEF STROGANOFF	CHICKEN BROCCOLI RICE CASSEREOLE	**Breakfast**
W/LETTUCE TOMATO & ONION	POTATO SALAD	EGG NOODLES	STEAMED GREEN BEANS	BISCUITS AND GRAVY
STEAMED VEGETABLE	HARD COOKED EGG	BUTTERNUT SQUASH	WW DINNER ROLL	SAUSAGE LINKS
MIXED FRUIT	STEAMED PEAS	SALAD	GARDEN SALAD	SCRAMBLED EGGS
YOGURT	SUGAR COOKIE	FRUIT	FRUIT	FRUIT & OJ
ADSD APPROVED				
Oct 29	Oct 27	Oct 28	Oct 29	Oct 30
CHEESEBURGER SKILLET	LEMON BAKED FISH	MEATLOAF	CHICKEN POT PIE	CLOSED
TOSSED SALAD W/	MACARONI AND CHEESE	MASHED POTATOES	GARDEN SALAD W/ DRESSING	FOR
BALSAMIC VINAGRETTE	COLESLAW	W/ GRAVY	TAPIOCA PUDDING	
DINNER ROLL	STEAMED PEAS & CARROTS	STEAMED CORN	FRUIT	NEVADA DAY
FRUIT COCTAIL	YOGURT	GARDEN SALAD		MENU SUBJECT TO CHANGE
		FRUIT		WENT JODIECT TO CHANGE