

880 E DESERT SENIOR LANE  
 AMARGOSA VALLEY NEVADA 89020  
 For more information call  
 775-372-5413 or visit our website at  
<https://www.amargosaseniors.com>



MENU DECEMBER 2019

DINNER Served:  
 MON - THU 4:30 PM TO 5:30 PM  
 BREAKFAST Served:  
 FRI 9:00 AM TO 10:00 AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>#13</b> Dec 02 TURKEY CHILI CORNBREAD MIXED GREENS SALAD W/LSLF ITALIAN DRESSING AMBROSIA	<b>#14</b> Dec 03 BEEF PATTIES ON WW BUN W/LETTUCE, TOMATO,ONION BAKED BEANS CANTALOUPE CHUNKS MIXED STEAMED VEGGIES  ADSD APPROVED	Dec 04 LS HAM ESCALOPED POTATOES STEAMED CARROTS SPRING SALAD TANGY YOGURT SALAD DRSG  ADSD APPROVED	Dec 05 COWBOY CHICKEN GRILLERS BAKED POTATOES STEAMED MIXED VEGETABLES WW DINNER ROLLS MANGO CUBES	Dec 06 <b>**Breakfast**</b> SCRAMBLED EGGS OVEN BAKED RED POTATOES W/VEGGIES LS SAUSAGE PATTIES PUMPKIN MUFFINS OJ
<b>#1</b> Dec 09 BBQ CHICKEN SOUR CREAM POTATO SALAD STEAMED SPINACH CARROTS & PEAS 7 GRAIN BREAD HONEY DEW MELON ADSD APPROVED	<b>#9</b> Dec 10 SWEET ITALIAN SAUSAGE W/PEPPERS & ONIONS WW COOKED ELBOW MACARONI STEAMED BROCCOLI MIXED GREENS SALAD FRESH BANANA ADSD APPROVED	<b>#164</b> Dec 11 BEEF ENCHILADAS COLORFUL SALAD GARLIC FRENCH DRESSING FRUIT COCKTAIL ZUCCHINI & TOMATO SALAD  ADSD APPROVED	Dec 12 BAKED CHICKEN W/HERBS GARLIC POTATOES CAULIFLOWER MIXED GREENS SALAD ORANGE/MANGO CUP W/W BREAD	Dec 13 <b>COMMODITIES</b> <b>**Breakfast**</b> BISCUITS W/LS SAUSAGE GRAVY POTATO PANCAKES SCRAMBLED EGGS W/VEGGIES FRESH GRAPEFRUIT SLICES OJ
<b>#108</b> Dec 16 BEEF STROGONOFF EGG NOODLES ACORN SQUASH ORANGE/SPINACH SALAD PLUMS  ADSD APPROVED	<b>#163</b> Dec 17 CRANBERRY GLAZED CHICKEN AZTEC GRAIN SALAD SPRING SALAD GREEN BEANS HONEY MUSTARD DRSG MANDARIN ORANGES ADSD APPROVED	Dec 18 OVEN BAKED POLLOCK ROASTED POTATOES MIXED VEGETABLES GARDEN SALAD/FR DRSG 7 GRAIN BREAD PEACH YOGURT	<b>#70</b> Dec 19 SLOPPY JOES PEAS & CARROTS CHOPPED SPINACH SALAD W/ CREAMY ITALIAN DRESSING & MANDARIN ORANGES/APPLE CRISP <b>CHRISTMAS DINNER &amp; PARTY</b> ADSD APPROVED	Dec 20 <b>**Breakfast**</b> FRENCH TOAST CASSEROLE W/ BLUEBERRIES SCRAMBLED EGGS W/VEGGIES CRISP BACON STRIPS OJ
Dec 23 ROAST BEEF MASHED POTATOES W/ BEEF GRAVY STEAMED SPINACH W/W BREAD BROWNIES & ICE CREAM	Dec 24 <b>CHRISTMAS EVE SENIOR CENTER CLOSED</b>	Dec 25 <b>CHRISTMAS DAY SENIOR CENTER CLOSED</b>  <b>MERRY CHRISTMAS FELIZ NAVIDAD</b>	<b>#39</b> Dec 26 SPAGHETTI W/ MEAT SAUCE COLORFUL SALAD W/ ITALIAN DRESSING 7 GRAIN W/W BREAD ZUCCHINI ORANGES/MANGOS	Dec 27 WAFFLES W/ PEACHES & WHIPPED CREAM LS SAUSAGE LINKS HASH BROWN POTATOES W/ MIXED VEGGIES OJ
Dec 30 TURKEY POT PIE W/ MIXED VEGETABLES WW ROLL MIXED GREENS SALAD W/ITAL DS STRAWBERRY YOGURT	<b>#153</b> Dec 31 CHEESEBURGER SKILLET TOSSED SALAD W/ BALSAMIC VINAIGRETTE WW DINNER ROLL FRUIT COCKTAIL  ADSD APPROVED	<b>SENIOR CENTER CLOSED NEW YEARS DAY</b>	<b>MENU SUBJECT TO CHANGE Salad \$1.00 when Not on Menu Tea &amp; Lemonade &amp; 1% Milk served daily</b>	<b>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</b>  <b>A \$6.00 Fee is Required for Non-Seniors</b>