

MENU - AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020


775-372-5413

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

ADSD Approved

DECEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</p> <p>A \$6.00 Fee is <u>Required</u> for Non-Seniors</p> <p><i>Call for More Information</i></p>	<p>MENU SUBJECT TO CHANGE</p> <p>1% Milk, Tea & Lemonade Served Daily</p> <p>Salad \$1.00 When Not on Menu</p>		<p>Please sign up for Christmas Dinner. Following dinner, optional Pirate Gift Exchange, bring wrapped, inexpensive gift.</p>	<p>**Breakfast**</p> <p>Biscuits & Gravy Scrambled Eggs LS Sausage Yogurt Mixed Fruit (2) Orange Juice</p>
<p>Dec 04</p> <p>Swedish Meatballs Egg Noodles Steamed Broccoli x2 Lentil Soup Peaches</p>	<p>Dec 05</p> <p>#102 Chicken & Dumplings Green Peas Carrot & Raisin Salad WW LS Crackers Fruit Cocktail</p>	<p>Dec 06</p> <p>Baked Pork Chops w/Gravy Yams Green Beans Pears x2 Brownie</p>	<p>Dec 07</p> <p>#176 Lemon Baked Fish WW Roll Green Peas Whole Grain Brown Rice Tossed Salad Creamy Italian Dressing Grapes</p>	<p>Dec 08</p> <p>**Breakfast**</p> <p>Egg Ham & Cheese Bake Home Fries Fresh Apple Fresh Banana Yogurt Orange Juice</p>
<p>Dec 11</p> <p>Supreme Pizza 3 Bean Salad Fresh Orange Apple Sauce Chocolate Pudding</p>	<p>Dec 12</p> <p>#154 Hot Turkey Sandwich Peas & Carrots Tomatoes Vinaigrette Oatmeal Raisin Cookie Fresh Orange Sections</p>	<p>Dec 13</p> <p>#3 Oven Fried Chicken Wild and Brown Rice California Blend Vegetables Green Salad Pears</p>	<p>Dec 14</p> <p>Baked Meatloaf Mashed Potatoes w/Gravy Steamed Spinach Lettuce & Tomato Salad LS French Dressing 100% WW Bread/Peach Butter Chantilly Fruit Cup</p>	<p>Dec 15</p> <p>**Breakfast**</p> <p>Breakfast Burritos Yogurt Mixed Berries Apples Orange Juice</p>
<p>Dec 18/2017</p> <p>#39 Spaghetti w/ Meat sauce Baked Acorn Squash Colorful Salad FF Creamy Italian Dressing 7 Grain Bread/LFLS Margarine Strawberry Banana Yogurt Pop</p>	<p>Dec 19</p> <p>Fish Nuggets Oven Brwnd Parmesan Potatoes Coleslaw Bananas Pineapple Upside Down Cake</p>	<p>Dec 20</p> <p>#13 Turkey Chili Corn Bread Mixed Green Salad LSLF Italian Dressing Ambrosia</p>	<p>Dec 21</p> <p>CHRISTMAS DINNER</p> <p>Beef Rib Roast Mashed Potatoes w/Gravy Steamed Harvest Vegetables WW Dinner Rolls Fruit Pie and Warm Apple Cider</p>	<p>Dec 22</p> <p>**Breakfast**</p> <p>Biscuits & Gravy Scrambled Eggs LS Sausage Mixed Fruit (2) Oatmeal Orange Juice</p>
<p>Dec 25</p> <p>CHRISTMAS DAY OBSERVED **CLOSED**</p>	<p>Dec 26</p> <p>#156 Southwest Penne & Cheese Zucchini Salad Garlic Bread Citrus Delight Cranberry Apple Juice</p>	<p>Dec 27</p> <p>Sweet & Sour Pork Whole Grain Brown Rice Steamed Broccoli Layered Salad w/Peas Mandarin Oranges</p>	<p>Dec 28</p> <p>#55 Beef Tacos Ranch Style Beans Mexicorn Orange Rice Pudding</p>	<p>Dec 29</p> <p>**Breakfast**</p> <p>WW French Toast Scrambled Eggs w/Spinach LS Bacon Yogurt & Fruit Orange Juice</p>