

880 E DESERT SENIOR LN
 AMARGOSA VALLEY NEVADA 89020
 For more information visit our website at
<https://www.amargosaseniors.com>



DINE IN OR TAKE OUT AVAILABLE
 DINNER SERVED: TUES- THUR 4:30 PM - 5:30 PM
 BREAKFAST SERVED: FRI 9:00 AM TO 10:00 AM
 TO REQUEST MEAL DELIVERY - CALL 775-372-5413
 PLEASE CALL THE DAY BEFORE DELIVERY

MENU JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan 02	Jan 03	Jan 04	Jan 05	Jan 06
CLOSED	COWBOY CHICKEN GRILLERS BAKED POTATOES STEAMED MIXED VEGETABLES WW DINNER ROLLS PUDDING	BAKED FISH PARSLEY NEW POTATOES SEASONED ZUCCHINI GARDEN SALAD/FRENCH DRESSING CANTALOUPE CHUNKS ADSD APPROVED	BEEF ENCHILADAS RICE FRIED PINTO BEANS FRUIT COCKTAIL COLORFUL SALAD GARLIC FRENCH DRESSING	**Breakfast** BISCUITS & SAUSAGE GRAVY HASH BROWNS CASSEROLE SCRAMBLED EGGS OJ
COMMODITIES JAN 09	Jan 10	Jan 11	Jan 12	Jan 13
CLOSED	CHICKEN & DUMPLINGS GREEN BEANS CARROT & RAISIN SALAD LS CRACKERS PEARS & COTTAGE CHEESE	BAKED FISH STICKS POTATO AU GRATIN STEAMED PEAS GREEN SALAD APPLESAUCE	SWEET ITALIAN SAUSAGE W/RED PEPPERS & ONIONS ELBOW MACARONI STEAMED BROCCOLI MIXED GREEN SALAD	**Breakfast** SCRAMBLED EGGS W/ VEGGIES LS SAUSAGE HOME FRIES PEACHES W/COTTAGE CHEESE
Jan 16	Jan 17	Jan 18	Jan 19	Jan 20
SENIOR CENTER CLOSED MARTIN LUTHER KING, JR DAY	OVEN FRIED CHICKEN BAKED SWEET POTATO STEAMED PEAS GARDEN SALAD W/ITALIAN DRESSING YOGURT	CHILI CHEESE BAKED POTATO STEAMED CARROTS CORNBREAD YOGURT BIRTHDAY CAKE 	SPINACH LASAGNA GARLIC BREAD GARDEN SALAD ITALIAN DRESSING COOKIE	**Breakfast** BISCUITS & SAUSAGE GRAVY HASH BROWNS CASSEROLE SCRAMBLED EGGS OJ
Jan 23	Jan 24	Jan 25	Jan 26	Jan 27
CLOSED	SHREDDED BBQ CHICKEN ON WW BUN POTATO SALAD COLESLAW FRUIT ADSD APPROVED	SPAGHETTI W/MEAT SAUCE CAULIFLOWER GARLIC BREAD TOSSED SALAD FRUIT COCKTAIL	BAKED MEATLOAF MASHED POTATOES W/GRAVY STEAMED SPINACH W/W BREAD YOGURT	**Breakfast** PANCAKES CRISPY BACON STRIPS SCRAMBLED EGGS OJ
Jan 30	Jan 31			
CLOSED	CHICKEN NOODLE SOUP FRENCH BREAD PIZZA W/RED PEPPERS & ONIONS GARDEN SALAD W/ITALIAN DRESSING YOGURT	MENU SUBJECT TO CHANGE 1% MILK, TEA, LEMONADE SERVED DAILY	 HAPPY NEW YEAR	A \$4.00 DONATION FOR SENIORS OVER 60 YEARS OF AGE IS SUGGESTED A \$6.00 FEE IS REQUIRED FOR NON-SENIORS