


880 E DESERT SENIOR LN
AMARGOSA VALLEY NEVADA 89020
 For more information visit our website at
<https://www.amargosaseniors.com>



DINE IN OR TAKE OUT AVAILABLE
DINNER SERVED: MON - THUR 4:30 PM - 5:30 PM
BREAKFAST SERVED: FRI 9:00 AM TO 10:00 AM
TO REQUEST MEAL DELIVERY - CALL 775-372-5413
PLEASE CALL THE DAY BEFORE DELIVERY

MENU OCTOBER

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Sep 27		Sep 28		Sep 29		Sep 30		Oct 01	
MENU SUBJECT TO CHANGE				A \$4.00 DONATION FOR SENIORS				**Breakfast**	
1% MILK, TEA, LEMONADE		NOT REQUIRED TO BE A SENIOR		OVER 60 YEARS OF AGE IS				FRENCH TOAST	
SERVED DAILY		TO PARTICIPATE		SUGGESTED				SCRAMBLED EGGS	
				A \$6.00 FEE IS REQUIRED FOR NON-SENIORS				LS SAUSAGE LINKS	
								FRUIT	
Oct 04		Oct 05		Oct 06		Oct 07		Oct 08	
BEEF VEGETABLE SOUP		CHICKEN BROCCOLI & RICE		MACARONI AND CHEESE		BLT SANDWICH		**Breakfast**	
TUNA MACARONI SALAD		HERBED POTATOES		STEAMED CAULIFLOWER		BAKED FRIES		BISCUITS & SAUSAGE GRAVY	
WHOLE WHEAT BREAD		MIXED VEGETABLES		FRENCH BAKED POTATOES		STEAMED PEAS & CARROTS		HASH BROWNS CASSEROLE	
TROPICAL FRUIT		DINNER ROLL		SOUP OF THE DAY		SUGAR COOKIE		SCRAMBLED EGGS	
ADSD APPROVED		PEARS & COTTAGE CHEESE		YOGURT				OJ	
ADSD APPROVED				ADSD APPROVED					
COLUMBUS DAY Oct 11		Oct 12		Oct 13		Oct 14		Oct 15	
LS TOMATO SOUP		BEEF STROGANOFF		FRENCH BREAD PIZZA		CHICKEN POT PIE		**Breakfast**	
HOLIDAY SUB		EGG NOODLES		W/RED PEPPERS & ONIONS		GARDEN SALAD W/ DRESSING		PANCAKES	
BABY CARROTS		BROCCOLI & CAULIFLOWER		OVEN BAKED FRIES		SUGAR COOKIE		CRISPY BACON STRIPS	
BAKED BEANS		GREEN FRESH SALAD		GARDEN SALAD W/ITALIAN DRESSING		FRUIT		SCRAMBLED EGGS	
FRUIT COCKTAIL									
ADSD APPROVED						BIRTHDAY CAKE			
Oct 18		Oct 19		Oct 20		Oct 21		Oct 22	
BAKED MEATLOAF		BBQ CHICKEN		BEEF TACOS W/GUACAMOLE		CHICKEN & DUMPLINGS		**Breakfast**	
MASHED POTATOES W/GRAVY		ROASTED VEGETABLES		CHUNKY SALSA		GREEN PEAS		L/S SAUSAGE & EGGS	
STEAMED SPINACH		BROCCOLI SALAD		MEXICAN RICE		CARROT & RASIN SALAD		HOME FRIES W/VEG	
W/W BREAD		WHEAT BREAD		MEXICAN CORN SAUTE		WW LS CRACKERS		MIXED BERRIES	
FRUIT CUP		STRAWBERRIES		FRUIT COCKTAIL		FRUIT COCKTAILS		W/W TOAST	
ADSD APPROVED		ADSD APPROVED				ADSD APPROVED		OJ	
Oct 25		Oct 26		Oct 27		Oct 28		Oct 29	
CHESSEBURGER SKILLET		HERBED BAKED CHICKEN		SWEET ITALIAN SAUSAGE		SPINACH LASAGNA		Closed	
TOSSED SALAD W/		STEAMED RICE		W/RED PEPPERS & ONIONS		GARLIC BREAD			
BALSAMIC VINAGRETTE		COOKED CARROTS		ELBOW MACARONI		GARDEN SALAD		NEVADA DAY	
DINNER ROLL		GREEN SALAD		STEAMED BROCCOLI		ITALIAN DRESSING			
PEARS & COTTAGE CHEESE		YOGURT		MIXED GREEN SALAD		COOKIE			
		ADSD APPROVED		FRUIT		ADSD APPROVED			

