

880 E DESERT SENIOR LN
 AMARGOSA VALLEY NEVADA 89020
 For more information visit our website at
<https://www.amargosaseniors.com>



DINE IN OR TAKE OUT AVAILABLE
 DINNER SERVED: MON- THU 4:30 PM - 5:30 PM
 BREAKFAST SERVED: FRI 9:00 AM TO 10:00 AM
 TO REQUEST MEAL DELIVERY - CALL 775-372-5413
 (Meal delivery for homebound only)

MENU SEPTEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sep 01	Sep 02	Sep 03
MENU SUBJECT TO CHANGE 1% MILK, TEA ,LEMONADE SERVED DAILY	MENU SUBJECT TO CHANGE NOT REQUIRED TO BE A SENIOR TO PARTICIPATE	SWEET ITALIAN SAUSAGE W/RED PEPPERS & ONIONS ELBOW MACARONI STEAMED BROCCOLI MIXED GREEN SALAD FRUIT	BEEF TACOS W/GUACAMOLE CHUNKY SALSA BROCCOLI W/CHEESE MEXICAN CORN SAUTE FRUIT COCKTAIL	**Breakfast** EGG CASSEROLE W/VEGETABLES & CHEESE HASH BROWNS BACON FRUIT
Sep 06	Sep 07	Sep 08	Sep 09	Sep 10
LABOR DAY Closed	CHILI CHEESE BAKED POTATO STEAMED CARROTS CORNBREAD YOGURT ADSD APPROVED	BBQ CHICKEN ROASTED VEGETABLES BROCCOLI SALAD WHEAT BREAD STRAWBERRIES ADSD APPROVED	SPAGHETTI W/MEAT SAUCE CAULIFLOWER GARLIC BREAD TOSSED SALAD FRESH FRUIT	**Breakfast** BISCUITS & SAUSAGE GRAVY HASH BROWNS CASSEROLE SCRAMBLED EGGS OJ
Commodities Sep 13	Sep 14	Sep 15	Sep 16	Sep 17
				Breakfast
BEEF STROGANOFF EGG NOODLES BROCCOLI & CAULIFLOWER GREEN FRESH SALAD PEACHES	CHICKEN TACOS W/GUACAMOLE CHUNKY SALSA MEXICAN CORN SPANISH RICE FRUIT COCKTAIL	BAKED MEATLOAF MASHED POTATOES W/GRAVY STEAMED PEAS AND CARROTS  BIRTHDAY CAKE	SWEET AND SOUR CHICKEN STEAMED RICE STEAMED PEAS FRUIT ADSD APPROVED	HOMEMADE PANCAKES CRISPY BACON STRIPS SCRAMBLED EGGS OJ
Sep 20	Sep 21	Sep 22	Sep 23	Sep 24
CHICKEN FAJITAS SPANISH RICE RANCH STYLE BEANS LAYERED SALAD TROPICAL FRUIT CUP ADSD APPROVED	BAKED FISH PARSLEY NEW POTATOES SEASONED ZUCCHINI GARDEN SALAD/FRENCH DRESSING CANTALOUPE CHUNKS ADSD APPROVED	BURGER STEW EGG NOODLES STEAMED BROCCOLI CORNBREAD FRUIT	PORK LOIN MACARONI AND CHEESE STEAMED SPINACH STRAWBERRY YOGURT ADSD APPROVED	**Breakfast** L/S SAUSAGE & EGGS HOME FRIES W/VEG MIXED BERRIES W/W TOAST OJ
Sep 27	Sep 28	Sep 29	Sep 30	
HERBED BAKED CHICKEN STEAMED SPINACH COOKED CARROTS GREEN SALAD YOGURT ADSD APPROVED	SLOPPY JOES ON W/W ROLL BAKED BEANS BABY CARROTS APPLESAUCE	SPINACH LASAGNA GARLIC BREAD GARDEN SALAD ITALIAN DRESSING COOKIE ADSD APPROVED	CHIKEN & DUMPLINGS GREEN PEAS CARROT & RAISIN SALAD W/W LS CRACKERS BROWNIES	A \$4.00 DONATION FOR SENIORS OVER 60 YEARS OF AGE IS SUGGESTED A \$6.00 FEE IS REQUIRED FOR NON-SENIORS