

# MENU - AMARGOSA SENIOR CENTER

443 Desert Senior Lane - Amargosa Valley, NV 89020

775-372-5413

ADSD Approved

April 2018

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Apr 02</b></p> <p># 126</p> <p>Honey Glazed Ham Mashed Yams Brussels Sprouts WW Roll Mixed Green Salad Apple Crisp</p>	<p><b>Apr 03</b></p> <p># 126</p> <p>Chicken Parmesan Spinach Noodle California Blend Veg Toasted WW Breadstick Fruit Cocktail LS Apple Juice</p>	<p><b>Apr 04</b></p> <p>#16</p> <p>Beef Stew Noodles Garden Salad LFLS French Dressing Chantilly Fruit Cup</p>	<p><b>Apr 05</b></p> <p>Chili Dog (turkey frank) with Chili Beans, Cheddar Cheese and Onions on WW Bun Normandy Vegetables Tater Tots Strawberry Yogurt</p>	<p><b>Apr 06</b></p> <p><b>**Breakfast**</b></p> <p>Scrambled Eggs Biscuits and Gravy LS Sausage Oatmeal Orange Juice Mixed Berries (2)</p>
<p><b>Apr 09</b></p> <p>#3</p> <p>Meatloaf Mashed Potatoes and Gravy Steamed Spinach Lettuce and Tomato Salaad WW Bread Chantilly Fruit Cup</p>	<p><b>Apr 10</b></p> <p>#1</p> <p>BBQ Chicken Sour Cream Potato Salad Steamed Spinach Carrots and Peas 7 Grain Bread Fresh Banana</p>	<p><b>Apr 11</b></p> <p>#11</p> <p>Spinach Lasagna Garlic Bread Split Pea Soup Mixed Greens Salad Birthday Cake</p>	<p><b>Apr 12</b></p> <p># 37</p> <p>Chili Cheese Baked Potato Steamed Carrots WW Banana Muffin w/Butter FF Blueberry Yogurt Orange Juice</p>	<p><b>Apr 13</b></p> <p><b>**Breakfast**</b></p> <p>Western Omelet Refried Beans w/ Tortilla LS Bacon Oatmeal Yogurt w/Fresh Fruit, OJ</p>
<p><b>Apr 16</b></p> <p>Swedish Meatballs Noodles Steamed Broccoli Peaches Fresh Banana</p>	<p><b>Apr 17</b></p> <p>#109</p> <p>Potato Crunch Fish Steamed Brown Rice Seasoned Zucchini Layered Salad Fresh Apple</p>	<p><b>Apr 18</b></p> <p>#109</p> <p>Oven Fried Chicken Baked Butternut Squash Steamed Peas and Carrots Garden Salad w/ Honey Dressing Cracked Wheat Bread Fruited Gelatin</p>	<p><b>Apr 19</b></p> <p>#105</p> <p>BBQ Ribs Scalloped Potatoes Steamed Spinach WW Bread Apples</p>	<p><b>Apr 20</b></p> <p><b>**Breakfast**</b></p> <p>Pancakes &amp; Eggs LS Sausage Mixed Berries Oatmeal Melon Chunks Orange Juice</p>
<p><b>Apr 23</b></p> <p>Turkey Chili Steamed Carrots Corn Bread Peaches Chocolate Pudding</p>	<p><b>Apr 24</b></p> <p>#39</p> <p>Spaghetti w/ Meat Sauce Baked Acorn Squash Colorful Salad WW Roll Strawberry &amp; Banana Yogurt</p>	<p><b>Apr 25</b></p> <p>French Dip French Roll Tater Tots Broccoli Salad Tropical Fruit Cup</p>	<p><b>Apr 26</b></p> <p>#73</p> <p>Herb Baked Chicken Baked Potato w/Sour Cream &amp; Chives Vegetable Medley WW Bread Fresh Apple</p>	<p><b>Apr 26</b></p> <p><b>**Breakfast**</b></p> <p>Scrambled Eggs Biscuits and Gravy LS Sausage Oatmeal Fresh Fruit (2) OJ</p>
<p><b>Apr 30</b></p> <p># 46</p> <p>Lasagna Chopped Spinich Garlic Bread Fresh Orange Juice</p>			<p><b>MENU SUBJECT TO CHANGE</b></p> <p><b>2% Milk, Tea &amp; Lemonade Served Daily</b></p> <p><b>Salad \$1.00 When Not on Menu</b></p>	<p><b>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</b></p> <p><b>A \$6.00 Fee is Required for Non-Seniors</b></p> <p><b>Call for More Information</b></p>