

**MENU - AMARGOSA SENIOR CENTER**

443 Desert Senior Lane - Amargosa Valley, NV 89020

775-372-5413

**ADSD Approved**

**MAY 2018**

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM

Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MENU SUBJECT TO CHANGE</b></p> <p><b>2% Milk, Tea &amp; Lemonade</b> Served Daily</p> <p>Salad \$1.00 when not on Menu</p>	<p><b>#104</b> <b>May 01</b></p> <p>Roast Beef Red Potatoes Mixed Veggies Garden Salad w/ LF Dressing Manderin Orange <b>Gingerbread</b></p>	<p><b>#28</b> <b>May 02</b></p> <p>Tahitian Chicken Rice Casserole Braised Red Cabbage 7 Grain Bread Tangerine</p>	<p><b>May 03</b></p> <p>Green Chili Enchiladas Refried Beans Mexi-Corn Mandarin Oranges <b>Chips &amp; Salsa</b> <b>Brownie</b></p>	<p><b>May 04</b></p> <p><b>**Breakfast**</b> Mexican Egg Casserole with Tomatoes and Green Chilies Home Fries WW Toast Pineapple Chunks, OJ</p>
<p><b>May 07</b></p> <p>Chicken Tenders Oven Fries Steamed Spinach Peaches Chocolate Pudding</p>	<p><b>#34</b> <b>May 08</b></p> <p>Sloppy Joe on WW Bun Baked Beans Baby Carrots Fruit Cocktail <b>Green Salad</b></p>	<p><b>May 09</b></p> <p>Baked Pork Chops Twice Baked Potato Steamed Broccoli Applesauce Lentil Soup <b>Cookie</b></p>	<p><b>#108</b> <b>May 10</b></p> <p>Beef Stroganoff w/Noodles Baked Acorn Squash Orange Spinach Salad WW Bread Fresh Apple</p>	<p><b>May 11</b></p> <p><b>**Breakfast**</b> Scrambled Eggs w/Onion &amp; Peppe Biscuits and Gravy LS Sausage Oatmeal w/Raisins Fresh Fruit in Season Orange Juice</p>
<p><b>#56</b> <b>May 14</b></p> <p>Tuna Noodle Casserole Herbed Veggie Medley Sliced Tomatos LS FF Italian Dressing Cracked Wheat Bread Oatmeal Date Bar</p>	<p><b>#32</b> <b>May 15</b></p> <p>Chicken Pasta Primavera Colorful Salad LSLF Italian Dressing Garlic Bread Orange Pineapple Jell-O Mold</p>	<p><b>#39</b> <b>May 16</b></p> <p>Spaghetti in Meat Sauce Zucchini Colorful Salad FF Creamy Italian Dressing 7 Grain Bread Orange Mango Cup <b>Birthday Cake</b></p>	<p><b>May 17</b></p> <p>Potato Crunch Fish Rice Pilaf Peas and Carrots x2 Peaches <b>Cookie</b></p>	<p><b>May 18</b></p> <p><b>**Breakfast**</b> Breakfast Burritos Yogurt Fresh Berries Oatmeal Honey Bran Muffin Orange Juice</p>
<p><b>May 21</b></p> <p>Baked Liver and Onions Baked Beans Sliced Tomato, Onion &amp; Lettuce Cantaloupe Chunks</p>	<p><b>#38</b> <b>May 22</b></p> <p>Chicken Broccoli Rice Beet Salad Apricot Bran Muffin Honeydew/Cantaloupe Melon</p>	<p><b>#3</b> <b>May 23</b></p> <p>Meatloaf Mashed Potatoes and Gravy Steamed Spinach Black Bean Salad WW Roll Peaches</p>	<p><b>May 24</b></p> <p>Pork Chow Mein Steamed Rice Chopped Spinach Balsamic Vinaigrette WW Bread Apple Butter Sliced Pineapple</p>	<p><b>May 25</b></p> <p><b>**Breakfast**</b> Scrambled Eggs w/ Spinach Biscuits and Gravy LS Bacon Oatmeal Yogurt w/Fresh Fruit Orange Juice</p>
<p><b>May 28</b></p> <p><b>MEMORIAL DAY</b> <b>**CLOSED**</b></p> 	<p><b>#167</b> <b>May 29</b></p> <p>Hot Turkey Sandwich Peas and Carrots Tomatoes Vinaigrette Oatmeal Raisin Cookies Fresh Orange Sections</p>	<p><b>May 30</b></p> <p>Swedish Meatballs Egg Noodles Steamed Broccoli Fresh Peaches/Apples Green Salad w LS-LF Dressing</p>	<p><b>#128</b> <b>May 31</b></p> <p>French Bread Pizza Chicken Noodle Soup Colorful Salad w LS Dressing Yogurt Pop Orange Juice</p>	<p><b>A \$3.00 Donation for Seniors</b> <b>Over 60 Years of Age is Suggested</b></p> <p><b>A \$6.00 Fee is Required for Non-Seniors</b></p> <p><i>Call for More Information</i></p>