

880 E DESERT SENIOR LN
 AMARGOSA VALLEY NEVADA 89020
 For more information visit our website at
<https://www.amargosaseniors.com>



DINNER : TUES & THU 4:30 PM - 5:30 PM
BREAKFAST : TUE & FRI 9:00 AM TO 10:00 AM
TO REQUEST MEAL DELIVERY - CALL 775-372-5413
PLEASE CALL THE DAY BEFORE DELIVERY

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Feb 01	Feb 02
SENIOR CENTER CLOSED	BRING A FRIEND TO BREAKFAST OR DINNER	A \$5.00 DONATION FOR SENIORS OVER 60 YEARS OF AGE IS SUGGESTED A \$6.00 FEE IS REQUIRED FOR NON-SENIORS	SHRIMP ALFREDO GARLIC BREAD GARDEN SALAD/FRENCH DRESSING FRUIT CUP	**Breakfast** EGG CASSEROLE W/MIXED VEG CRISP BACON STRIPS ROASTED HERB POTATOES OJ
Feb 05	Feb 06	Feb 07	Feb 08	Feb 09
SENIOR CENTER CLOSED	**Breakfast** STEAK AND EGGS HOME FRIES PEACHES COTTAGE CHEESE	CHICKEN & DUMPLINGS GREEN PEAS CARROT & RAISEN SALAD WW LS CRAKERS PEARS	BEEF & BROCOLI BROWN RICE CORNBREAD FRESH SALAD	**Breakfast** BISCUITS W/LS SAUSAGE GRAVY HASH BROWNS SCRAMBLED EGGS W/VEGGIES FRESH STRAWBERRIES W/WHIPPED CREAM OJ
Feb 12	Feb 13	Feb 14	Feb 15	Feb 16
SENIOR CENTER CLOSED	**Breakfast** FRENCH TOAST L/S BACON SCRAMBLED EGGS OJ	GREEN CHILLI CHICKEN ENCHILADAS RICE FRIED PINTO BEANS MIXED GREEN SALAD YOGURT   BIRTHDAY CAKE	LOBSTER ROLL BAKED FRENCH FRIES CREAMY COLESLAW YOGURT	**Breakfast** MEXICAN BREAKFAST CASSEROLE ROASTED HERB POTATOES LS/LF BACON STRIPS OJ
Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
PRESIDENT'S DAY SENIOR CENTER CLOSED	**Breakfast** CHESSE OMELET ROASTED HERB POTATOES L/S SAUSAGE PATTIES OJ	HICKEN BROCCOLI RICE CASSEREOLE STEAMED GREEN BEANS WW DINNER ROLL GARDEN SALAD PEANUT BUTTER COOKIE	SPINACH LASAGNA OVEN ROASTED CAULIFLOWER GARDEN SALAD /LS FRCN DRSG SPICE CAKE	**Breakfast** PANCAKES CRISPY BACON STRIPS SCRAMBLED EGGS OJ
Feb 27	Feb 28	Feb 29		
SENIOR CENTER CLOSED	**Breakfast** BREAKFAST BURRITO W/SAUSAGE, SCRAMBLED EGGS CHUNKY SALSA HASHBROWNS OJ	SPAGHETTI W/MEAT SAUCE COLORFUL SALAD W ITALIAN DRESSING WHEAT GRAIN BREAD COOKIE	MENU SUBJECT TO CHANGE 1% MILK, TEA, LEMONADE SERVED DAILY	NOT REQUIRED TO BE A SENIOR TO PARTICIPATE